



ANNUAL REPORT

TEAMS & DREAMS FOUNDATION



HELPING FOSTER YOUTH REALIZE THEIR DREAMS

A message from our founder

OUR MISSION IS TO ENRICH THE LIVES OF FOSTER YOUTH BY OFFERING LIFE ENRICHING ACTIVITIES THAT REDUCE THE TRAUMA OF DISPLACEMENT AND HELP KIDS REALIZE THEIR FULL POTENTIAL

A year with unique successes

Our goal is to give every foster child the opportunity to develop a sense of belonging by providing the chance to enroll and experience sports and extracurricular activities like their peers. To date we have enhanced the lives of over 35 children whom we enrolled in different sports and enrichment programs. We would like to double this number in 2023-24.

Impact Snapshot

38

Foster youth enrolled in extracurricular activities

37

Programs completed by foster youth

5

Corporate sponsors providing funding

14

individual donors providing funds and in-kind donations



Projects

Sports Activities

Dance, Theatre and Gymnastics

Camping and Nature Exploration



Details

Taekwondo, baseball, basketball, soccer, swimming

Competitive gymnastics, theatrical plays and modern dance

Overnight camp outs, horseback riding and engaging with nature



Outcome

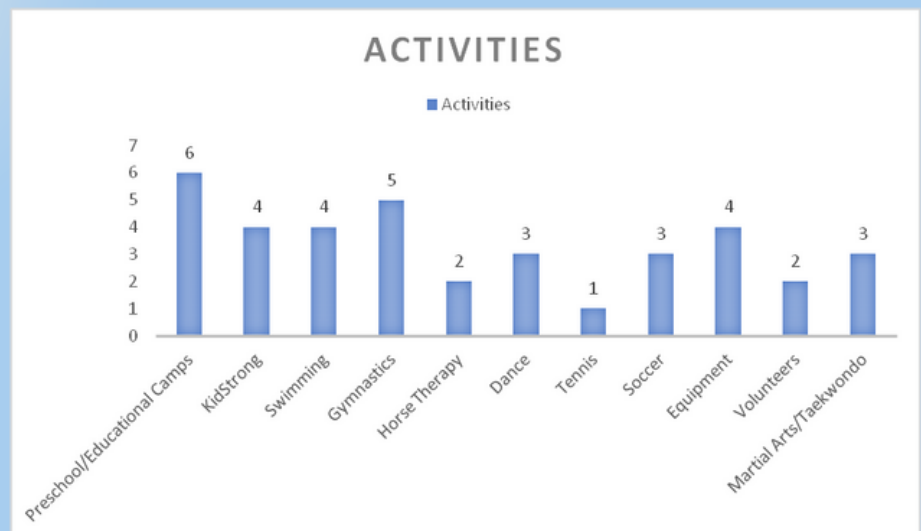
- Physical fitness
- Working as part of a team
- Enhanced sportsmanship

- Self discipline
- Improved confidence
- Development of coordination

- Unplugging from screens
- Stress reduction
- Developing stewardship over nature and animals

Activity Details

Life enriching activities such as these are rarely part of the foster youth experience. We are proud of the success rate of program involvement and completion.

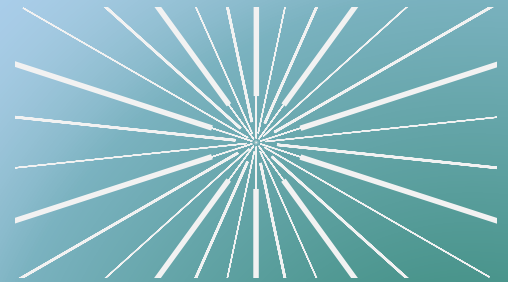


THANK YOU TO ALL OUR DONORS AND VOLUNTEERS


We couldn't have done it without your generous support.

These extracurricular activities could not have transpired without the generous support of our volunteers and funders. Your donations are a vote of confidence in our programs, but more importantly they instill a sense of self-worth and love for our foster youth.


- ◆ **Nugget Market**
- ◆ **Sam's Club / Walmart**
- ◆ **Dick's Sporting Goods**
- ◆ **Placer Community Foundation**
- ◆ **Individual Donors and Wonderful Volunteers**




CONTACT US

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